

Security Class, Non-lethal defense/dry fire training aides 05/20/23

Videos

For fun, if you are serious about shooting, aren't we all;

First video, at 33 seconds, illustrates you don't have to see too good to shoot good;

At 55 seconds, proof you don't need no stink'in front sight, we'll look at point and shoot vs. aiming;

<https://youtu.be/WyIq9FdTgwM>

And second, if you think you are fast...or World class Jerry is for that matter, along came Lena. Thinks we might rename her Deborah?

<https://www.youtube.com/watch?v=Glbqqz8Vy9k>

Training Videos

1. Learning to focus (I may have lost my focus string...Andrew is helping me look for it)

<https://www.youtube.com/watch?v=9B-ZUHSoqBI>

2. Basic Dry Fire

<https://www.youtube.com/watch?v=QXrWUJ3JufU>

3. Clearing a room, with a long rifle, ad lib :)

Avoiding Dry-Fire boredom

Apps for training

1. Splits Shot Timer, free
2. LaserHit, free(Quick Hit Timer \$5)
3. iTarget, free (Quick Draw timer \$5)
4. Dry Practice Pro, free (contains 13 Front Sight Drills)

-The timers somewhat simulate real world “pressure”, somewhat

Almost zero “lecture”, down to business

1. Clearing a room with a long rifle, practicing recent training and videos, dry fire
2. Dry Fire practice, multiple weapons
3. Dry Fire “amped up” practice
4. Interactive shooter situation video drills
5. Phone app demonstrations

-Truncated exercises, to help build a synopsis for future training/yearly qualification

Dry Fire Training weapons to be demonstrated.



CO2 BB gun, \$108 ships from Corona, \$10.75 shipping. I think it is available for as low as \$75 from other vendors on Amazon. Amazing!! Glock licensed.

https://www.amazon.com/Glock-177-Caliber-Steel-Pistol/dp/B07FT2LLK/ref=sr_1_1?crid=36P5QNPX9VIVI&keywords=glock+bb+gun&qid=1705942565&sprefix=glock%2Caps%2C833&sr=8-1



Self-defense weapon, \$329 on Amazon, .43 rubber balls, pepper balls too, if you get your security card. Glock licensed.

https://www.amazon.com/T4E-Glock-Caliber-Paintball-Marker/dp/B09QBB916R/ref=sr_1_2?keywords=umarex%2BT4e%2Bglock%2B17&sr=8-2&th=1



Practice Model 7joule \$99, Self-defense unit 11 joule \$169, can be modified to 30 joule. This does some serious damage, through heavy clothes.

https://www.amazon.com/T4E-TR50-Paintball-Pistol-Revolver/dp/B07PJW3MH4/ref=sr_1_2?keywords=umarex%2BT4e%2Btr50%2Brevolver%2B.50%2Bcaliber&sr=8-2&th=1

Additional demonstrations tomorrow, laser bullet usage;

1. AR
2. 9mm Glock
3. 380acp Bersa, dual action for accurate multiple shot drills

Looking forward to some fun and training tomorrow.

Building on Front Sight Training, Pahrump NV
Brother Bill